



National Business Group on Health Honors Aramark with Best Employers for Healthy Lifestyles Award

September 27, 2017

For the ninth consecutive year, Aramark recognized for offering one of the nation's best workforce health and well-being programs

PHILADELPHIA--(BUSINESS WIRE)--Sep. 27, 2017-- The National Business Group on Health, a non-profit association of 425 large U.S. employers, today honored [Aramark](#) (NYSE: ARMK) for having one of the best workforce health and well-being programs in the nation.

This Smart News Release features multimedia. View the full release here: <http://www.businesswire.com/news/home/20170927005091/en/>

Aramark is among 48 U.S. employers that received the 2017 *Best Employers for Healthy Lifestyles®* award presented at the National Business Group on Health's Workforce Strategy 2017 Conference. Aramark received a Platinum Award for its "Take Care" health and well-being programs. This marks the ninth year Aramark has been recognized for receiving the *Best Employers for Healthy Lifestyles®* award.

"We're continually working to create personal experiences that change the way people think about nutrition and their health," said Jill Malila, Vice President of Global Benefits at Aramark. "Our mission is to enrich and nourish lives, so we strive to create programs that help educate and encourage our associates, clients, customers and the communities we serve to lead healthier lifestyles for long-term success."

Aramark's "Take Care" programs provide employees with resources to strengthen their physical, emotional, social and financial well-being. Offerings include challenges; fitness centers; screenings; flu vaccinations; health assessments; online coaching and tools; a smoking cessation program; EAP; nutrition, obesity and fitness counseling; financial webinars; wellness fairs; and regular communications.

A critical part of Aramark's commitment to health and wellness is [Healthy for Life® 20 By 20](#), a ground breaking initiative with the American Heart Association®, aimed at improving the health of all Americans 20 percent by 2020. Healthy for Life® 20 By 20, introduced industry leading menu innovations by reducing calories, saturated fat and sodium levels 20 percent, and increasing fruits, vegetables and whole grains 20 percent.

Promoting healthy lifestyles among all consumers, families in underserved communities and Aramark's customers, clients and employees is a key component of [Feed Your Potential 365](#), a public health and well-being campaign launched last year in alliance with Healthy for Life® 20 By 20.

Brian Marcotte, President and CEO of the National Business Group on Health, commented: "We are delighted to recognize Aramark for their innovative approach to employee, family and community health and well-being. Aramark is among an elite group of employers who are embracing well-being as an important part of their workforce strategy and working to construct a culture that promotes productivity, engagement and happiness. We congratulate Aramark and their leaders."

Winners of the 2017 *Best Employers for Healthy Lifestyles®* awards were honored in one of three categories: Platinum, for implementing a workforce well-being strategy with demonstrated results; Gold, for organizations with a strong commitment to holistic well-being and related metrics; Silver, for organizations with emerging well-being strategies, often with a focus on physical health.

About Aramark

Aramark (NYSE: ARMK) proudly serves Fortune 500 companies, world champion sports teams, state-of-the-art healthcare providers, the world's leading educational institutions, iconic destinations and cultural attractions, and numerous municipalities in 19 countries around the world. Our 270,000 team members deliver experiences that enrich and nourish millions of lives every day through innovative services in food, facilities management and uniforms. We operate our business with social responsibility, focusing on initiatives that support our diverse workforce, advance consumer health and wellness, protect our environment, and strengthen our communities. Aramark is recognized as one of the World's Most Admired Companies by FORTUNE, as well as an employer of choice by the Human Rights Campaign and DiversityInc. Learn more at www.aramark.com or connect with us on [Facebook](#) and [Twitter](#).

About the National Business Group on Health®

The National Business Group on Health is the nation's only non-profit organization devoted exclusively to representing large employers' perspective on national health policy issues and helping companies optimize business performance through health improvement, innovation and health care management. The Business Group's mission is to keep its membership on the leading edge of innovation, thinking and action to address health care cost and the delivery, financing, affordability and consumer experience with the health care system. Business Group members, which include 73 Fortune 100 companies, provide health coverage for more than 50 million U.S. workers, retirees and their families. For more information, visit www.businessgrouphealth.org.

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