



Aramark Honored With National Business Group on Health's Best Employers: Excellence in Health & Well-Being Platinum Award

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Aramark Recognized for Offering One of the Nation's Best Workforce Health and Well-being Initiatives

PHILADELPHIA--(BUSINESS WIRE)--Sep. 26, 2019-- The National Business Group on Health, a non-profit association of more than 440 large U.S. employers, has honored Aramark for providing one of the best workforce health and employee well-being organizational initiatives in the nation.

This press release features multimedia. View the full release here: <https://www.businesswire.com/news/home/20190926005080/en/>

Aramark is among 50 U.S. employers that received the 2019 *Best Employers: Excellence in Health & Well-Being award*, presented at the National Business Group on Health's Workforce Strategy 2019 Conference, and one of 19 companies that received Platinum distinction. Aramark received a Platinum Award for its "Take Care" programs. This marks the eleventh consecutive year Aramark has received a *Best Employers: Excellence in Health & Well-Being award*, and the fifth year receiving Platinum.

Aramark's "Take Care" well-being program provides employees with resources to strengthen their physical, emotional, social and financial well-being. Offerings include challenges; fitness centers; screenings; flu vaccinations; health assessments; online coaching and tools; a smoking cessation program; EAP; nutrition, obesity and fitness counseling; financial webinars; wellness fairs; and regular communications.

A critical part of Aramark's commitment to health and wellness is Healthy for Life® 20 By 20, a ground breaking initiative aimed at improving the health of all Americans. Healthy for Life® 20 By 20, introduced industry leading menu innovations by reducing calories, saturated fat and sodium levels, and increasing fruits, vegetables and whole grains on the menus Aramark serves on campus, in hospitals and in workplaces.

Promoting healthy lifestyles among all consumers, families in underserved communities and Aramark's customers, clients and employees is a key component of Feed Your Potential 365, a public health and well-being campaign.

"Aramark is committed to building a culture of health that benefits our employees and their families," said Lynn McKee, Executive Vice President of Human Resources at Aramark. "We are proud to be recognized by the National Business Group on Health, with the highest distinction, for our holistic well-being strategy."

Brian Marcotte, President and CEO of the National Business Group on Health commented: "Our annual awards recognize organizations that promote the overall well-being of their employees and families. Aramark is among an elite group of employers who recognize the positive impact a culture inclusive of well-being can have on their employees' productivity and engagement. We congratulate them."

Winners of the 2019 *Best Employers: Excellence in Health & Well-Being awards* were honored in one of three categories: Platinum, for organizations who have recognized a connection between workforce well-being and key business outcomes and implemented a strategy with demonstrated results across several dimensions of well-being; Gold, for organizations with a strong commitment to holistic well-being and related metrics; and Silver, for organizations with emerging well-being strategies, often with a focus on physical health.

About the National Business Group on Health®

The National Business Group on Health is the only non-profit organization devoted exclusively to representing large employers' perspective on health policy issues and optimizing workforce strategy through innovative health, benefits and well-being solutions. The Business Group keeps its membership on the leading edge of innovation, thinking and action to address health care cost and the delivery, financing, affordability and consumer experience with the health care system. Business Group members, many of whom have operations globally, include 73 Fortune 100 companies, and provide health coverage for more than 60 million workers, retirees and their families in over 200 countries. For more information, visit www.businessgrouphealth.org.

About Aramark

Aramark (NYSE: ARMK) proudly serves Fortune 500 companies, world champion sports teams, state-of-the-art healthcare providers, the world's leading educational institutions, iconic destinations and cultural attractions, and numerous municipalities in 19 countries around the world. Our 270,000 team members deliver experiences that enrich and nourish millions of lives every day through innovative services in food, facilities management and uniforms. We work to put our sustainability goals into action by focusing on initiatives that engage our employees, empower healthy living, preserve our planet and build local communities. Aramark is recognized as one of the World's Most Admired Companies by FORTUNE, as well as an employer of choice by the Human Rights Campaign and DiversityInc. Learn more at www.aramark.com or connect with us on [Facebook](#) and [Twitter](#).

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