



National Business Group on Health Honors Aramark With a Best Employers for Healthy Lifestyles® Award

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Company Among 64 Employers Recognized for Promoting Healthy Work Environment and Lifestyles

WASHINGTON, June 17, 2015 /PRNewswire/ -- The National Business Group on Health, a non-profit association of large U.S. employers, today honored Aramark (NYSE: ARMK) for its ongoing commitment and dedication to promoting a healthy work environment and encouraging their employees and families to maintain healthy lifestyles.



Aramark was among 64 U.S. employers that received the 2015 *Best Employers for Healthy Lifestyles®* award at the Leadership Summit sponsored by the National Business Group on Health's Institute on Innovation in Workforce Well-being. Aramark received a Platinum Award for its Take Care health and wellbeing programs. This marks the seventh year Aramark has received an award and the third consecutive year Aramark has received the highest Platinum honor.

"We congratulate Aramark for being among an elite group of companies that are making a difference every day in improving the health and overall well-being of their employees and families," said Brian Marcotte, President and CEO of the National Business Group on Health.

"Aramark and its leadership team are to be commended for their commitment to promoting healthy work environments and for their innovation in developing outstanding programs for employees that encourage good health and well-being."

"Aramark strives to design and implement innovative health and well-being programs that will help educate, enable and encourage our employees and their families to lead healthy lifestyles," said Valerie Wandler, Aramark's Senior Vice President, Human Resources Services. "Our commitment to a healthier workforce contributes to employee engagement and retention, and, in turn, helps us fulfill our mission to enrich and nourish the lives of the clients, customers and communities we serve."

Aramark's innovative Take Care health and well-being programs span all aspects of health, including physical and emotional well-being, and support individuals with everything from preventive care to assistance with chronic illness. Resources include fitness centers; biometric screenings; flu vaccinations; health assessments; counseling and support from registered nurses; online coaching, tools, and calculators; smoking cessation program; 24/7 EAP; nutrition, obesity, and fitness counseling; wellness webinars; and regular communications on health topics and benefit plan resources.

Winners of the "*Best Employers for Healthy Lifestyles*" awards were honored in one of two categories: Platinum, for exemplary workplace well-being programs, cultures and results; or Gold, for creating cultural and environmental changes that support employees in their lifestyle and behavior changes.

About Aramark

Aramark (NYSE: ARMK) is in the customer service business across food, facilities and uniforms, wherever people work, learn, recover, and play. United by a passion to serve, our approximately 270,000 employees deliver experiences that enrich and nourish the lives of millions of people in 21 countries around the world every day. Aramark is recognized among the Most Admired Companies by FORTUNE and the World's Most Ethical Companies by the Ethisphere Institute. Learn more at www.aramark.com or connect with us on [Facebook](#) and [Twitter](#)

About the National Business Group on Health®

The National Business Group on Health is the nation's only non-profit organization devoted exclusively to representing large employers' perspective on national health policy issues and helping companies optimize business performance through health improvement, innovation and health care management. The Business Group leads initiatives to address the most relevant health care issues facing employers today and enables human

resource and benefit leaders to learn, share and leverage best practices from the most progressive companies. Business Group members, which include 71 Fortune 100 companies, provide health coverage for more than 50 million U.S. workers, retirees and their families. For more information, visit www.businessgrouphealth.org.

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