



Aramark Recognized for Commitment to Healthy Lifestyles

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New Business Roundtable Report Underscores How Company is Leading by Example

PHILADELPHIA, April 19, 2016 /PRNewswire/ -- Aramark (NYSE: ARMK), a global leader in food, facilities management and uniforms, is featured in a new [Business Roundtable](#) report highlighting the commitment of America's CEOs to incorporate sustainability into their business practices—all in an effort to lead the way toward a more sustainable future.



"[Create. Grow. Sustain: Leading by Example](#)," details the sustainability efforts of companies through a series of testimonials from top CEOs, and provides insight into how companies like Aramark are leading the way on effective environmental stewardship and sustainable business practices.

The report highlights Aramark's commitment to improve the health of all Americans 20 percent by 2020 alongside the [American Heart Association](#), the nation's largest voluntary organization dedicated to fighting heart disease. The initiative, [Healthy for Life@ 20 By 20](#), aims to help people develop and sustain healthy lifestyles through improved diet and nutrition.

"Through Healthy for Life@ 20 By 20, we're combining Aramark's scale and culinary expertise with the American Heart Association's science, content, research and nationwide volunteer network to help build a sustainable culture of health at the individual, community and national levels," said Eric J. Foss, Aramark Chairman, President and CEO.

The annual Business Roundtable sustainability report, now in its ninth year, showcases how companies across the spectrum work to address environmental and energy challenges – while driving increased economic growth and job creation.

Learn more about Aramark's efforts [here](#). Download the full report [here](#).

About Aramark

Aramark (NYSE: ARMK) delivers experiences that enrich and nourish people's lives through innovative services in food, facilities management, and uniforms. United by a passion to serve, our 270,000 employees make a meaningful difference each day for millions of people in 21 countries around the world. Aramark is recognized as one of the *World's Most Admired Companies* by *FORTUNE*, rated number one among Diversified Outsourcing Companies, as well as among the World's Most Ethical Companies by the Ethisphere Institute. Learn more at www.aramark.com or connect with us on [Facebook](#) and [Twitter](#).

Contacts: Karen Cutler
215-238-4063
Cutler-Karen@aramark.com

Chris Collom
215-238-3593
Collom-Chris@aramark.com



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