



National Business Group on Health Honors Aramark with Best Employers for Healthy Lifestyles® Award

September 15, 2016

Company Recognized for One of Best Workforce Well-being Programs for Eighth Year in a Row

WASHINGTON, Sept. 15, 2016 /PRNewswire/ -- The National Business Group on Health, a non-profit association of 425 large U.S. employers, today honored Aramark for having one of the best workforce well-being programs in the nation.



Aramark is among 55 U.S. employers that received the 2016 *Best Employers for Healthy Lifestyles®* award presented at the National Business Group on Health's Fall Conference. Aramark received a Gold Award for its Take Care health and well-being programs. This marks the eighth year Aramark has received this prestigious recognition.

"Aramark is committed to associate health and well-being," said Jill Malila, Vice President, Global Benefits at Aramark. "We work diligently with our partners to design and implement innovative well-being programs to help educate, enable and encourage our associates and their families to lead healthy lifestyles."

Aramark has incorporated its mission to "enrich and nourish lives" into programs that support and encourage associates to focus on physical, emotional, social and financial well-being. Resources include quarterly health challenges; fitness centers; free biometric screenings; flu vaccination clinics; health assessments; counseling and support from registered nurses; online tools and calculators; smoking cessation program; 24/7 EAP; nutrition, obesity, and fitness counseling; financial literacy webinars; wellness fairs; and regular communications on plan resources.

"We believe that our consumer education and engagement program, Healthy for Life®, and commitment to improve the health of Americans 20% by 2020 in partnership with the American Heart Association, were instrumental in our recognition as a top employer for well-being," Malila added.

Brian Marcotte, President and CEO of the National Business Group on Health, commented: "We congratulate Aramark for their dedication to improving the well-being of their employees. Employers are transitioning their focus from offering traditional wellness programs focused primarily on improving their employees' physical health to holistic well-being strategies aimed at enhancing the various facets of employees and their families' lives. We commend Aramark and its leaders for their innovation."

Winners of the 2016 *Best Employers for Healthy Lifestyles®* awards were honored in one of three categories: Platinum, for implementing a workforce well-being strategy with demonstrated results across the dimensions of well-being; Gold, for organizations with a strong commitment to holistic well-being and related metrics; Silver, for organizations with emerging well-being strategies and metrics; often with a focus on physical health.

About Aramark

Aramark (NYSE: ARMK) delivers experiences that enrich and nourish people's lives through innovative services in food, facilities management, and uniforms. United by a passion to serve, our 270,000 employees make a meaningful difference each day for millions of people in 21 countries around the world. Aramark is recognized as one of the *World's Most Admired Companies* by *FORTUNE*, rated number one among Diversified Outsourcing Companies, as well as among the World's Most Ethical Companies by the Ethisphere Institute. Learn more at www.aramark.com or connect with us on [Facebook](#) and [Twitter](#).

About the National Business Group on Health®

The National Business Group on Health is the nation's only non-profit organization devoted exclusively to representing large employers' perspective on national health policy issues and helping companies optimize business performance through health improvement, innovation and health care management. The Business Group leads initiatives to address the most relevant health care issues facing employers today and enables human resource and benefit leaders to learn, share and leverage best practices from the most progressive companies. Business Group members, which include 72 Fortune 100 companies, provide health coverage for more than 50 million U.S. workers, retirees and their families. For more information, visit www.businessgrouphealth.org.

National Business Group on Health

Ed Emermen (609) 275-5162
eeerman@eaglepr.com

Aramark

Karen Cutler (215) 238-4063
cutler-karen@aramark.com

Logo - <http://photos.prnewswire.com/prnh/20131212/PH32713LOGO>

To view the original version on PR Newswire, visit: <http://www.prnewswire.com/news-releases/national-business-group-on-health-honors-aramark-with-best-employers-for-healthy-lifestyles-award-300328847.html>

SOURCE Aramark