UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K	
CURRENT REPORT	
PURSUANT TO SECTION 13 OR 1	5(d)

	SURITIES EXCHANGE AC September 15, 2023 Date of Report (Date of earliest event reported)	CT OF 1934
(Ех	Aramark (act name of Registrant as Specified in its Charter)	
Delaware (State or other Jurisdiction of Incorporation) 2400 Market Street	001-36223 (Commission File Number)	20-8236097 (IRS Employer Identification No.)
Philadelphia, Pennsylvania (Address of Principal Executive Offices)		19103 (Zip Code)
	(215) 238-3000	
(Reş	gistrant's Telephone Number, Including Area Code)	1
(Forme	N/Ar name or former address, if changed since last repo	ort.)
Check the appropriate box below if the Form 8-K filing is i following provisions (see General Instruction A.2. below):	ntended to simultaneously satisfy the fili	ng obligation of the registrant under any of the
$\hfill \square$ Written communications pursuant to Rule 425 under the	Securities Act (17 CFR 230.425)	
\square Soliciting material pursuant to Rule 14a-12 under the Ex	schange Act (17 CFR 240.14a-12)	
\square Pre-commencement communications pursuant to Rule 1	4d-2(b) under the Exchange Act (17 CFF	R 240.14d-2(b))

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Emerging growth company \square

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \Box

Securities registered pursuant to Section 12(b) of the Act:

Title of Each Class Common Stock, par value \$0.01 per share Trading Symbol(s) ARMK

Name of Each Exchange on which Registered New York Stock Exchange

Item 7.01. Regulation FD Disclosure

As previously announced, Tom Ondrof, the Executive Vice President and Chief Financial Officer of Aramark, and Carl Mittleman, the Chief Operating Officer, International of Aramark, are participating in Citi's 2023 Growth Conference in London on September 15, 2023 beginning at 11:20 a.m. BST / 6:20 a.m. EDT. A live webcast and replay of their presentation as well as a copy of the materials to be presented at the conference are available on the Investors Relations section of the Aramark website at www.aramark.com.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Aramark

Date: September 15, 2023 By: /s/ LAUREN A. HARRINGTON

Name: LAUREN A. HARRINGTON

Title: Senior Vice President and General Counsel