FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPRO	VAL						
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* ABBRECHT TODD M						2. Issuer Name and Ticker or Trading Symbol ARAMARK Holdings Corp [ARMK]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				Owner	
(Last)	(Fii OMAS H. L		3. Date of Earliest Transaction (Month/Day/Year) 02/04/2014								Officer (give title Other (specify below) below)								
100 FEDERAL STREET, 35TH FLOOR							4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) BOSTON MA 02110														X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(St	ate) (2	Zip)																
		Tabl	e I - N	lon-Deri\	/ative	Sec	uritie	s Ac	quire	d, Di	sposed o	f, or B	enefici	ally Owne	ed				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Y						Execution Date,						s Acquired (A) or f (D) (Instr. 3, 4 an		Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Owners ()	
									Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
Common Stock 02/04/203						14		Α		5,002(1)	A	\$0	6,252		D	(1)			
Common Stock													39,865,672		(2)(3)		ee ootnotes ⁽²⁾⁽³⁾		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	of 2. 3. Transaction Date Execution Date, or Exercise (Month/Day/Year)				4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership t (Instr. 4)	
				Code		v	(A)	(D)	Date Exerc	isable	Expiration Date	Title	Amount or Number of Shares						

Explanation of Responses:

- 1. Securities issued represent deferred stock units that will vest in full on February 4, 2015, which were granted by the Issuer in connection with the Reporting Person's services as a director. Pursuant to the operative agreements for Thomas H. Lee Equity Fund VI, L.P. ("THL Equity VI"), Thomas H. Lee Parallel Fund VI, L.P. ("Parallel Fund VI"), Thomas H. Lee Parallel Fund VI, L.P. ("THL Equity VI"), Thomas H. Lee Parallel Fund VI, L.P. ("THL Equity VI"), any securities issued to persons serving as directors of portfolio companies of the THL Funds, such as the Issuer, are to be held for the benefit
- 2. The shares of the Issuer reported are owned beneficially by Thomas H. Lee Advisors, LLC ("THL Advisors"), Thomas H. Lee Equity Fund VI, L.P. ("THL Equity VI"), Thomas H. Lee Parallel Fund VI, L.P. ("Parallel Fund VI"), Thomas H. Lee Parallel (DT) Fund VI, L.P. ("DT Fund VI"), THL Equity Fund VI Investors (Aramark), LLC ("THL Aramark"), THL Coinvestment Partners, L.P. ("THL Coinvestment"; together with THL Equity VI, Parallel Fund VI, DT Fund VI and THL Aramark the "THL Funds") as well as Putnam Investment Holdings, LLC ("Putnam") and Putnam Investments Employees' Securities Company III, LLC ("Putnam III").
- 3. (Continuation of Footnote 2) The Reporting Person is a Managing Director of Thomas H. Lee Advisors LLC ("THL Advisors"), which is the general partner of Thomas H. Lee Partners, L.P. ("THL Partners"). THL Partners is the managing member of THL Equity Advisors VI, LLC, which in turn is the general partner of THL Equity VI, Parallel Fund VI, DT Fund VI and THL Aramark. THL Partners is also the general partner of THL Coinvestment. THL Advisors is attorney-in-fact of Putnam Investments, LLC, which is the managing member of Putnam, which in turn is the managing member of Putnam III. Therefore, the Reporting Person may be deemed to beneficially own the shares of the Issuer owned directly by each of the THL Funds, Putnam and Putnam III. The Reporting Person disclaims beneficial ownership of all such shares of the Issuer, and this report shall not be deemed an admission that the Reporting Person is the beneficial owner of such shares for the purposes of Section 16 or for any other purpos

Remarks:

/s/ Todd M. Abbrecht

02/06/2014

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.