FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Reynolds Stephen R	2. Date of Event Requiring States Month/Day/Yea 12/11/2013	ment	3. Issuer Name and Ticker or Trading Symbol ARAMARK Holdings Corp [ARMK]				
(Last) (First) (Middle) C/O ARAMARK HOLDINGS CORPORATION			Relationship of Reporting Perso (Check all applicable) Director Officer (circus title)	10% Owne	r (Mor	5. If Amendment, Date of Original Filed (Month/Day/Year)	
1101 MARKET STREET			X Officer (give title below) See Remark	Other (specially)	6. In Appl	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person	
(Street) PHILADELPHIA PA 19107							y More than One
(City) (State) (Zip)							
Table I - Non-Derivative Securities Beneficially Owned							
1. Title of Security (Instr. 4)			2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownersh Form: Direct or Indirect ((Instr. 5)	t (D) (Instr	4. Nature of Indirect Beneficial Ownership (Instr. 5)	
Common Stock			28,887(1)	D			
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)							
1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securiti Underlying Derivative Security		4. Conversion or Exercise	5. Ownership Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	n Title	Amount or Number of Shares	Price of Derivative Security	Direct (D) or Indirect (I) (Instr. 5)	
Stock Option (Right to Buy)	(2)	12/05/2022	Common Stock	156,250	14.99	D	
Stock Option (Right to Buy)	(3)	07/09/2023	Common Stock	75,615	16.21	D	
Stock Option (Right to Buy)	(4)	07/31/2023	Common Stock	55,484	16.21	D	

Explanation of Responses:

- 1. Includes 24,677 restricted stock units which vest in four equal annual installments on each of July 9, 2014, 2015, 2016 and 2017, and 2,891 shares of restricted stock which vest in four equal annual installments on each of December 15, 2013, 2014, 2015 and 2016.
- 2. Represents an initial grant of 250,000 stock options. 62,500 vested on December 5, 2013; 31,250 will vest on December 5, 2014; 31,250 will vest on December 5, 2015; and 31,250 will vest on December 5, 2016. An additional 93,750 unvested stock options which remain subject to future EBIT and liquidity-event performance-based vesting conditions are not included in the table above.
- $3. These \ options \ to \ purchase \ shares \ of \ common \ stock \ vest \ in \ four \ equal \ annual \ installments \ on \ each \ of \ July \ 9, \ 2014, \ 2015, \ 2016 \ and \ 2017.$
- 4. These options to purchase shares of common stock vest in five equal installments on each of July 31, 2013, December 15, 2013, December 15, 2014, December 15, 2015 and December 15, 2016.

Remarks:

 $Executive\ Vice\ President,\ General\ Counsel\ and\ Secretary\ Exhibit\ List:\ Exhibit\ 24-Power\ of\ Attorney$

/s/ Megan Timmins, as Attorney-in-fact 12/11/2013

** Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned hereby constitutes and appoints each of Harold B. Dichter, Megan C. Timmins, Robert T. Rambo, Jr. and Leticia Dorsa his true and lawful attorneys-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as a director or executive officer of ARAMARK Holdings Corporation (the "Company"), as applicable, (i) Forms 3, 4 or 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934, as amended, and the rules thereunder (including any amendments thereto) and (ii) such forms as may be required in connection with any applications for EDGAR access codes, including without limitation the Form ID.
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete the execution of any such Form 3, 4, or 5 and the timely filing of such form with the United States Securities and Exchange Commission and any other authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorneys-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorneys-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorneys-in-fact may approve in their discretion.

The undersigned hereby grants to such attorneys-in-fact full power and authority to do and perform every act and thing whatsoever requisite, necessary and proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorneys-in-fact, or their substitute or substitutes, shall lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934, as amended.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has executed this Power of Attorney on the 9th day of December, 2013.

/s/ Stephen R. Reynolds
Signature
Stephen R. Reynolds
Print Name