FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	VAL						
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MEHRA SANJEEV K					2. Issuer Name and Ticker or Trading Symbol ARAMARK Holdings Corp [ARMK]									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
		ACHS & CO.	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 03/11/2014									Officer (give title below)				er (specify w)	
200 WEST STREET (Street) NEW YORK NY 10282				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(St	ate) (2	Zip)																
		Table	e I - Non-Deriv	ative	Sec	uritie	s Ac	quire	d, Di	sposed	of,	or Be	enefic	ially C	wned				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year)		ate,	Transaction Code (Instr.			Disposed Of (D) (Instr. 3, 4 and 5)			nd Se	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		6. Owners Form: Dire (D) or Indirect (I) (Instr. 4)	ct Bene	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amou	nt (A) or Price		1 /1	instr. 3 and 4)		(111501.4)				
Common Stock, par value \$0.01 per share 03/11/201			03/11/2014			A		16.2193 ⁽²⁾ A		A	\$0	39	39,871,940.219		I I	See footnotes ⁽¹⁾ (2)(3)(4)			
		Та	ble II - Derivat (e.g., pı												ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any	4. Transa Code (8)	(Instr.	of Deriv Secu Acqu (A) o Dispo	r osed) r. 3, 4	6. Date Exercisable at Expiration Date (Month/Day/Year) Date Expirat Exercisable Date		tte (ear)	Amount of Securities Underlying Derivative Security (Instr. and 4)		of es ing ve (Instr. :	unt ber		Number of crivative ccurities eneficially wned ollowing eported ansaction(s) str. 4)	10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- 1. The Reporting Person is a managing director of Goldman, Sachs & Co. ("Goldman Sachs"). Goldman Sachs is a wholly-owned subsidiary of The Goldman Sachs Group, Inc. ("GS Group").
- 2. The 16.2193 shares of common stock, par value \$0.01 per share ("Common Stock") of ARAMARK Holdings Corporation (the "Company") represent dividend equivalent rights in connection with a quarterly cash dividend on Common Stock paid by the Company, and accrued to the Reporting Person on deferred stock units (the "Deferred Shares") that were granted to the Reporting Person in his capacity as a director of the Company, pursuant to the ARAMARK Holdings Corporation 2013 Stock Incentive Plan (the "Plan"). These dividend equivalent rights vest on the same schedules as the underlying Deferred Shares. The Deferred Shares, if vested, will be settled in shares of Common Stock six months following the director's departure from the board. The Reporting Person has an understanding with GS Group pursuant to which he holds such shares for the benefit of GS Group.
- 3. GS Group may be deemed to beneficially own 6,268.2193 shares of Common Stock pursuant to the Plan, consisting of 6,252 Deferred Shares and 16.2193 dividend equivalent rights to Deferred Shares, granted to the Reporting Person in his capacity as a director of the Company. Goldman Sachs and GS Group may be deemed to beneficially own indirectly, in the aggregate, 39,865,672 shares of Common Stock by reason of the direct beneficial ownership of such shares by certain investment partnerships (the "Funds") because affiliates of Goldman Sachs and GS Group are the general partner, managing general partner, managing partner, managing member or member of the Funds. Goldman Sachs is the investment manager of certain of the Funds.
- 4. Each of the Reporting Person, Goldman Sachs and GS Group disclaims beneficial ownership of the securities reported herein except to the extent of his or its pecuniary interest therein, if any, and this report shall not be deemed an admission that the Reporting Person or entity, as applicable, is the beneficial owner of, or has any pecuniary interest in, such securities for purposes of Section 16 of the Securities Exchange Act of 1934, as amended, or for any other purpose.

Remarks:

/s/ Kevin P. Treanor, Attorneyin fact ** Signature of Reporting Person

03/13/2014

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.