FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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may continue. See Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Addre	2. Issuer Name and Ticker or Trading Symbol							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)											
Mantle Ridge	Aramark [ARMK]							Director 10% Owner											
							arliest 9	Trans	action (Month	/Day/Year)	below) Director by deputization								
(Street) NEW YORK NY 10019						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person					
(City) (State) (Zip)													X Form filed by More than One Reporting Person						
	ivativ	e Se	curiti	ies A	.cquired, [Dispose	d of, or E	Beneficia	lly Ow	ned									
Date			nsaction 2A. De Execu- if any (Month			ion Dat	Code (In	Transaction Dispos		uired (A) or (Instr. 3, 4 ar	nd 5)	Securi Benefi Follow	ities icially Owned	6. Ownership Form: Direct (I or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
									Code	V Amo		(A) or (D) Pr	ice	(Instr.	3 and 4)		(ilisti. 4)		
		٦							quired, Di				y Own	ed					
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)		d Date,	4. Transaction Code (Instr. 8) 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title a Securitie Derivativ	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Price of ivative curity etr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)						
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	1 Title	Amount o Number o Shares							
Physically Settled Forward Contracts(obligation to purchase) ⁽⁵⁾	\$36.94	10/07/2019			С			1	08/06/2019	09/06/202	2 Common Stock	2,057,00	00	(5)	0	I	See footnotes ⁽¹⁾⁽²⁾ (3)(4)		
Physically Settled Forward Contracts(obligation to purchase) ⁽⁵⁾	\$37.3	10/07/2019			С			1	08/07/2019	09/07/202	2 Common Stock	2,889,00	00	(5)	0	1	See footnotes ⁽¹⁾⁽²⁾ (3)(4)		
Physically Settled Forward Contracts(obligation to purchase) ⁽⁵⁾	\$37.71	10/07/2019			С			1	08/08/2019	09/08/202	2 Common Stock	3,096,00	00	(5)	0	I	See footnotes ⁽¹⁾⁽²⁾ (3)(4)		
Physically Settled Forward Contracts(obligation to purchase) ⁽⁵⁾	\$38.04	10/07/2019			С			1	08/09/2019	09/09/202	2 Common Stock	2,025,00	00	(5)	0	I	See footnotes ⁽¹⁾⁽²⁾ (3)(4)		
Physically Settled Forward Contracts(obligation to purchase) ⁽⁵⁾	\$37.86	10/07/2019			С			1	08/12/2019	09/12/202	2 Common Stock	2,011,00	00	(5)	0	I	See footnotes ⁽¹⁾⁽²⁾ (3)(4)		
Physically Settled Forward Contracts(obligation to purchase) ⁽⁵⁾	\$31.75	10/07/2019			С			1	05/28/2019	06/28/202	2 Common Stock	183,03	8	(5)	0	I	See footnotes ⁽¹⁾⁽²⁾ (3)(4)		
Physically Settled Forward Contracts(obligation to purchase) ⁽⁵⁾	\$32.7	10/07/2019			С			1	05/29/2019	06/29/202	2 Common Stock	468,06	4	(5)	0	I	See footnotes ⁽¹⁾⁽²⁾ (3)(4)		
Physically Settled Forward Contracts(obligation to purchase) ⁽⁵⁾	\$34.36	10/07/2019			С			1	05/30/2019	06/30/202	2 Common Stock	949,42	0	(5)	0	I	See footnotes ⁽¹⁾⁽²⁾ (3)(4)		
Physically Settled Forward Contracts(obligation to purchase) ⁽⁵⁾	\$35.14	10/07/2019			С			1	05/31/2019	06/30/202	2 Common Stock	455,56	1	(5)	0	I	See footnotes ⁽¹⁾⁽²⁾ (3)(4)		
Physically Settled Forward Contracts(obligation to purchase) ⁽⁵⁾	\$34.59	10/07/2019			С			1	06/03/2019	07/05/202	2 Common Stock	240,49	8	(5)	0	I	See footnotes ⁽¹⁾⁽²⁾ (3)(4)		
Physically Settled Forward Contracts(obligation to purchase) ⁽⁵⁾	\$35.16	10/07/2019			С			1	06/04/2019	07/05/202	2 Common Stock	126,95	0	(5)	0	I	See footnotes ⁽¹⁾⁽²⁾ (3)(4)		
Physically Settled Forward Contracts(obligation to purchase) ⁽⁵⁾	\$35.48	10/07/2019			С			1	06/05/2019	07/05/202	2 Common Stock	210,63	4	(5)	0	I	See footnotes ⁽¹⁾⁽²⁾ (3)(4)		

			(e.g.,	puts,	calls	s, wa	rran	ts, options	s, convert	tible sec	urities)				
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option for Cash Settled Forward Contracts ⁽⁶⁾	\$35.91	10/07/2019		J/K			1	06/05/2019	10/07/2019	Common Stock	677,366	(6)	0	I	See footnotes ⁽¹⁾⁽²⁾ (3)(4)
Option for Cash Settled Forward Contracts ⁽⁶⁾	\$35.89	10/07/2019		J/K			1	06/06/2019	10/07/2019	Common Stock	866,000	(6)	0	I	See footnotes ⁽¹⁾⁽²⁾
Option for Cash Settled Forward Contracts ⁽⁶⁾	\$35.98	10/07/2019		J/K			1	06/07/2019	10/07/2019	Common Stock	898,000	(6)	0	I	See footnotes ⁽¹⁾⁽²⁾
Option for Cash Settled Forward Contracts ⁽⁶⁾	\$35.89	10/07/2019		J/K			1	06/10/2019	10/10/2019	Common Stock	144,000	(6)	0	I	See footnotes ⁽¹⁾⁽²⁾
Option for Cash Settled Forward Contracts ⁽⁶⁾	\$35.84	10/07/2019		J/K			1	06/11/2019	10/11/2019	Common Stock	164,700	(6)	0	I	See footnotes ⁽¹⁾⁽²⁾
Option for Cash Settled Forward Contracts ⁽⁶⁾	\$35.37	10/07/2019		J/K			1	06/12/2019	10/14/2019	Common Stock	56,000	(6)	0	I	See footnotes ⁽¹⁾⁽²⁾
Cash Settled Forward Contracts ⁽⁷⁾	\$35.91	10/07/2019		J		1		10/09/2019	10/09/2024	Common Stock	677,366	\$17.69 ⁽⁶⁾	1	I	See footnotes ⁽¹⁾⁽²⁾
Cash Settled Forward Contracts ⁽⁷⁾	\$35.89	10/07/2019		J		1		10/09/2019	10/09/2024	Common Stock	866,000	\$17.68 ⁽⁶⁾	1	I	See footnotes ⁽¹⁾⁽²⁾
Cash Settled Forward Contracts ⁽⁷⁾	\$35.98	10/07/2019		J		1		10/09/2019	10/09/2024	Common Stock	898,000	\$17.72 ⁽⁶⁾	1	I	See footnotes ⁽¹⁾⁽²⁾
Cash Settled Forward Contracts ⁽⁷⁾	\$35.89	10/07/2019		J		1		10/09/2019	10/09/2024	Common Stock	144,000	\$17.68 ⁽⁶⁾	1	I	See footnotes ⁽¹⁾⁽²⁾
Cash Settled Forward Contracts ⁽⁷⁾	\$35.84	10/07/2019		J		1		10/09/2019	10/09/2024	Common Stock	164,700	\$17.66 ⁽⁶⁾	1	I	See footnotes ⁽¹⁾⁽²⁾ (3)(4)
Cash Settled Forward Contracts ⁽⁷⁾	\$35.37	10/07/2019		J		1		10/09/2019	10/09/2024	Common Stock	56,000	\$17.42 ⁽⁶⁾	1	I	See footnotes ⁽¹⁾⁽²⁾ (3)(4)

Name and Address of Reporting Person* Mantle Ridge LP												
(Last)	(Middle)											
712 FIFTH AVENUE, SUITE 17F												
(Street)												
NEW YORK	NY	10019										
(City)	(State)	(Zip)										
1. Name and Address of Reporting Person* MR BridgeStone Advisor LLC												
(Last) (First) (Middle) 712 FIFTH AVENUE, SUITE 17F												
(Street) NEW YORK	NY	10019										
(City)	(State)	(Zip)										
1. Name and Address of F Hilal Paul C	eporting Person*											
(Last)	(First)	(Middle)										
712 FIFTH AVENUE, SUITE 17F												
(Street)												
NEW YORK	NY	10019										
(City)	(State)	(Zip)										

- a citizen of the United States of America (collectively, the "Reporting Persons"), each of whom has the same business address as Mantle Ridge and may be deemed to have a pecuniary interest in securities reported on this Form 4 (the "Subject Securities"). All Subject Securities reported on this Form 4 are rounded up to the nearest whole share.
- 2. MR BridgeStone, a wholly owned subsidiary of Mantle Ridge, advises the accounts of MR BridgeStone Offshore Fund AB Ltd and MR BridgeStone Offshore Fund CA 01 Ltd, each a Cayman Islands exempted company (all such funds and their subsidiaries together, the "Mantle Ridge Funds").
- 3. MR BridgeStone, as the investment adviser to the Mantle Ridge Funds, and Mantle Ridge, as the sole member of MR BridgeStone, each may be deemed to be the beneficial owner of the Subject Securities for purposes of Rule 16a-1(a) under the Securities Exchange Act of 1934. By virtue of Paul C. Hilal's position as ultimately controlling MR BridgeStone and Mantle Ridge, Paul C. Hilal may be deemed to be the beneficial owner of the Subject Securities for purposes of Rule 16a-1(a). Each of the Reporting Persons disclaims any beneficial ownership of any of the Subject Securities, except to the extent of any pecuniary interest therein.
- 4. Paul C. Hilal is a member of the board of directors of the Issuer, and as a result, each of the other Reporting Persons may be directors by deputization for purposes of Section 16 of the Securities Exchange Act of 1934.
- 5. Certain of the Mantle Ridge Funds were party to forwards which were physically settled (the "Physically Settled Forward Agreements") having an average net purchase price of \$34.95 per share. On the applicable valuation date, the counterparty delivered to Mantle Ridge Fund a number of shares equal to the number of shares of Common Stock referenced in such Physically Settled Forward Agreement, in exchange for cash equal to the then-applicable forward price plus a financing amount. Such Mantle Ridge Fund elected to exercise the Physically Settled Forward Agreement early, thus the valuation date occurred on such exercise date.
- 6. Certain of the Mantle Ridge Funds were party to American-style call options on cash-settled forwards, (the "CSF Option Agreements"). Under the terms of the CSF Option Agreements, such Mantle Ridge Fund exercised an option and such Mantle Ridge Fund elected to settle such option for a net number of exercised forward agreements, upon paying the strike price. Such Mantle Ridge Fund and its counterparty were deemed to have entered into cash-settled forward transactions on terms substantially similar to those of the Cash Settled Forward Agreements (as defined below) referencing an aggregate number of shares of Common Stock equal to the number of options underlying the CSF Option Agreements. The strike price plus a previously paid premium for the relevant CSF Option Agreement equals the forward price of the Cash Settled Forward Agreement subject to any adjustment of such forward price as described in footnote 7.
- 7. Pursuant to the transaction referenced in footnote 6, certain of the Mantle Ridge Funds are now party to cash-settled forward transactions (the "Cash Settled Forward Agreements"). Under the terms of the Cash Settled Forward Agreements, such Mantle Ridge Fund will pay to the counterparty any decrease in, and receive from the counterparty any increase in, the market price of the referenced notional number of shares of Common Stock during a period determined in accordance with the Cash Settled Forward Agreement around each valuation date compared with a forward price (which includes a financing charge) agreed by the parties, as adjusted. The forward price is subject to adjustment to account for any cash dividends or distributions declared by the Issuer. Such Mantle Ridge Fund may elect to terminate the Cash Settled Forward Agreement early, in which case the valuation date will occur on such early termination date.

Remarks:

Multiple Forms Filed, 2 of 2

MANTLE RIDGE LP, By: Mantle Ridge GP LLC, its general partner, By: PCH MR Advisor Holdings 10/09/2019 LLC, its managing member, By: /s/ Paul C. Hilal, Paul C. Hilal, Sole Member MR BridgeStone Advisor LLC, By: Mantle Ridge LP, its sole member, By: Mantle Ridge GP LLC, its general partner, By: PCH 10/09/2019 MR Advisor Holdings LLC, its managing member, By: /s/ Paul C Hilal, Paul C. Hilal, Sole Member /s/ Paul C. Hilal, Paul C. Hilal 10/09/2019 ** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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