

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL

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or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FOSS ERIC J (Last) (First) (Middle) C/O ARAMARK HOLDINGS CORPORATION 1101 MARKET STREET (Street) PHILADELPHIA PA 19107 (City) (State) (Zip)	2. Date of Event Requiring Statement (Month/Day/Year) 12/11/2013	3. Issuer Name and Ticker or Trading Symbol ARAMARK Holdings Corp [ARMK]	
		4. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) CEO and President	5. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	679,108 ⁽¹⁾	D	

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date				
Stock Option (Right to Buy)	(2)	06/06/2022	Common Stock	1,087,500	13.9	D
Stock Option (Right to Buy)	(3)	06/20/2023	Common Stock	1,247,638	16.21	D
Stock Option (Right to Buy)	(4)	07/31/2022	Common Stock	342,998	16.21	D

Explanation of Responses:

- Includes 271,438 restricted stock units which vest in four equal annual installments on June 20, 2014, 2015, 2016 and 2017, and 57,002 shares of restricted stock which vest in four equal annual installments on December 15, 2013, 2014, 2015 and 2016.
- Represents an original grant of 1,450,000 stock options. 362,500 vested on June 6, 2013; 362,500 will vest on June 6, 2014; 181,250 will vest on June 6, 2015; and 181,250 will vest on June 6, 2016. An additional 362,500 stock options which remain subject to future EBIT and liquidity-event performance-based vesting conditions are not included in the table above.
- These options to purchase shares of common stock vest in four equal annual installments on each of June 20, 2014, 2015, 2016 and 2017.
- These options to purchase shares of common stock vest in four equal annual installments on December 15, 2013, 2014, 2015, and 2016.

Remarks:

Exhibit List: Exhibit 24 - Power of Attorney

/s/ Megan Timmins, as
Attorney-in-fact

12/11/2013

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned hereby constitutes and appoints each of Harold B. Dichter, Megan C. Timmins, Robert T. Rambo, Jr. and Leticia Dorsa his true and lawful attorneys-in-fact to:

(1) execute for and on behalf of the undersigned, in the undersigned's capacity as a director or executive officer of ARAMARK Holdings Corporation (the "Company"), as applicable, (i) Forms 3, 4 or 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934, as amended, and the rules thereunder (including any amendments thereto) and (ii) such forms as may be required in connection with any applications for EDGAR access codes, includnig without limitation the Form ID.

(2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete the execution of any such Form 3, 4, or 5 and the timely filing of such form with the United States Securities and Exchange Commission and any other authority; and

(3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorneys-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorneys-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorneys-in-fact may approve in their discretion.

The undersigned hereby grants to such attorneys-in-fact full power and authority to do and perform every act and thing whatsoever requisite, necessary and proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorneys-in-fact, or their substitute or substitutes, shall lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934, as amended.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has executed this Power of Attorney on the 12th day of November, 2013.

/s/ Eric J. Foss

Signature

Eric J. Foss

Print Name