FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

**OMB APPROVAL** OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Harrington Lauren A  (Last) (First) (Middle)  ARAMARK  2400 MARKET STREET					Issuer Name and Ticker or Trading Symbol     Aramark [ ARMK ]      Date of Earliest Transaction (Month/Day/Year)     03/04/2019  4. If Amendment, Date of Original Filed (Month/Day/Year)								(Che	Directo  Officer below)	Officer (give title below) be			0% Owner ther (specify elow)	
													6 In	SVP and General Counsel  6. Individual or Joint/Group Filing (Check Applicable					
(Street) PHILADELPHIA PA 19103					4. II Alliendinent, Date of Original Filed (world/bdy/fedf)								Line	X Form filed by One Reporting Person  Form filed by More than One Reporting Person					
(City) (State) (Zip)				ative Securities Acquired, Disposed of, or Benefic															
		Tab	le I - Non	-Derivat	ive Se	ecurities	s Acq	uired, [	Disp	posed c	of, or Be	ene	ficiall	y Owned					
Date					e nth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)			5. Amour Securitie Beneficia Owned F Reported	s ally following	Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	(A) (D)	or	Price	Transact (Instr. 3 a	ion(s)				
Common Stock 03/04/					/2019			A		3,270	(1) A		\$ <mark>0</mark>	22,809.561			D		
		-	Table II - C (	Derivativ e.g., put										Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Day if any (Month/Day/	Code (Instr		n of		6. Date Exe Expiration (Month/Day	Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		curity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Cod	e V	(A)		Date Exercisable		expiration Pate	Title	or Nu of	umber						
Stock Option (Right to	\$30.59	03/04/2019		A		23,511		(2)	0	3/04/2029	Commor	23	3,511	\$0	23,511	1	D		

## **Explanation of Responses:**

- 1. Represents restricted stock units, which vest in four equal annual installments beginning on the first anniversary of the date of grant.
- 2. These options to purchase shares of common stock vest in four equal annual installments beginning on the first anniversary of the date of grant.

## Remarks:

Buy)

/s/ Robert T. Rambo, as Attorney-in-fact

03/06/2019

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.